

# Rumblings



## Mount St. Helens Institute eNews

February has arrived and that means we're just about halfway through winter. As the weather intensifies, we'll be offering an avalanche awareness course for this month's Views and Brews, live virtual field trips, and private family adventures for those who want to get outside and learn in the snow. As always, **we remain steadfast in our commitment to bring the volcano to people around the world while improving equity in accessing science, the outdoors and public lands.**

---

### Romano's Ramblings: Kalama River



The river that the Toutle Trail does meander along—and for nearly four miles—is the Kalama River. The southern and easternmost stretches of this trail is a sheer delight to hike—and a great choice in late spring and fall when snow has descended upon the trail's northern reaches and much of the surrounding high country.

[Read More!](#)

---

# Meet Taylor, Outdoor Programs Manager at MSHI



My drive home from Mount St. Helens after a Guided Adventure always provides me with the sweet space to reflect on the day, the adventure, and the people who choose to explore with us. Returning from MSHI's first trip of 2021, a Winter Adventure to June Lake, I was filled with joy and ambition for the seasons ahead.

[Read More](#)

---

## Views & Brews: NWAC Safety Course



New to winter backcountry travel or want to brush up your skills from last year? MSHI is hosting Northwest Avalanche Center's Avalanche Awareness class on February 22, 2021! Whether you ski, snowshoe, snowboard, or snowmobile, recognition of avalanche danger is an essential and potentially life-saving skill.

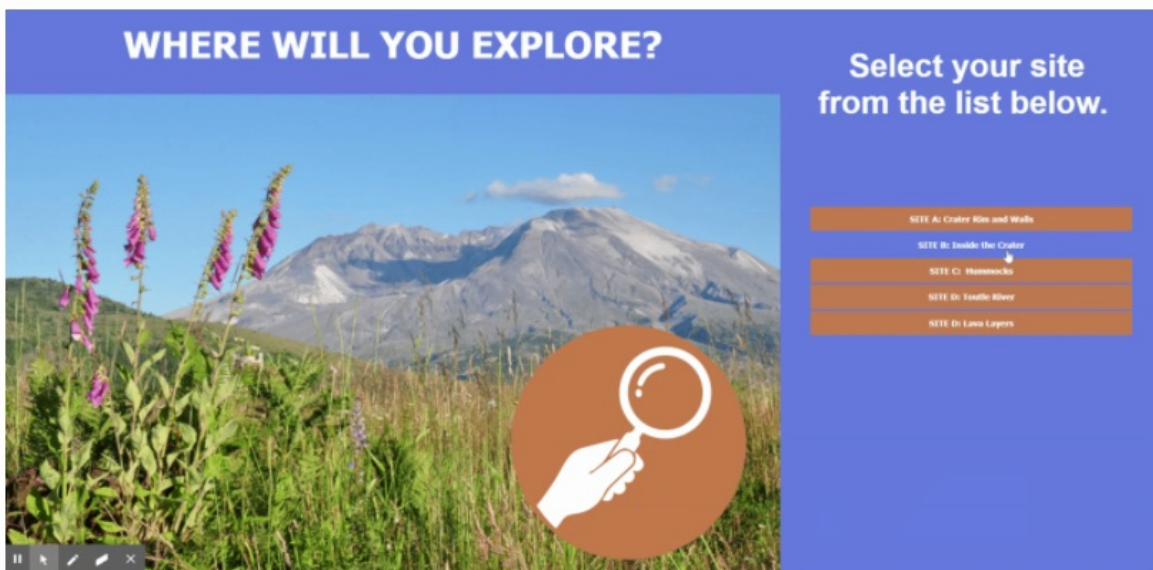
This virtual class provides a basic approach to managing risk. NWAC instructors will explain how to access avalanche and mountain weather forecasts and recognize basic signs of avalanche danger.

This event will be live-streamed on [Facebook](#) and uploaded to our [YouTube channel](#) the following day.

RSVP

---

## Live Virtual Field Trips



The screenshot shows a virtual field trip interface. On the left, there is a video player showing a landscape with purple flowers in the foreground and a large mountain in the background. A magnifying glass icon is overlaid on the video. On the right, there is a text prompt: "Select your site from the list below." Below this prompt is a list of four sites, each with a corresponding button:

- SITE A: Crater Rim and Walls
- SITE B: Inside the Crater
- SITE C: Hammocks
- SITE D: Inside River
- SITE E: Lava Layers

Investigate Mount St. Helens with us in a live, interactive, and thought-provoking virtual field trip program! While we cannot visit the mountain in person right now, you and your students can visit in the next best way - in an interactive 360-degree virtual environment! Our virtual field trip packages are aligned to Next Generation Science Standards, are directed by student observations, and come with ready-to-use lessons plans for before and after your field trip with us.

Learn More

---

## Glacier Overlook



The Glacier Overlook Hike is an adventure that will take you to the crater's edge, for an up-close experience with one of the youngest, fastest-growing glaciers in

the contiguous United States. This is as close as you can get to the crater without going in. [Learn more about our program policies here.](#)

[Book Now](#)

---

## Introducing Private Family Adventures!



Roll up your sleeves, strap on your boots and join us in the field as we conduct hands-on investigation and model real-world science practices to learn about the science and stories of Mount St. Helens. Our Private Family Adventures are designed to inspire curiosity about the outdoors and a deeper understanding of the volcanic landscape of Mount St. Helens for learners of all ages. Private Family Adventures are led by our trained education staff who have a passion for teaching about volcanoes and science. We look forward to an unforgettable adventure with you and your family!

[My Family Would Love That!](#)

---

## Winter Safety in and Around the Monument



Winter conditions can be dangerous and change rapidly. Besides checking the road and weather conditions before you go, pack the winter essentials, have chains in the car, and make sure you read these safety winter tips from our friends at the Gifford Pinchot National Forest.

Brrrrrr

---

Thanks for reading. If you have questions please contact [Jared](#).



Donate Now

[Mount St. Helens Institute](#)

