

Rumblings



Mount St. Helens Institute eNews

We're well into the autumn season, the leaves are falling, the larches are gold, and we continue to adapt with the changing seasons. While the days shorten and the temperatures drop, **we remain steadfast in our commitment to bring the volcano to people around the world while improving equity in accessing science, the outdoors and public lands.**

You can support leading children and folks of all ages to understanding and stewardship of the Earth through educational programming.

A Light for the Dark: Running the Loowit Trail by John Nyen



And so there came a point while ascending up the hill just past the Worm Flows Climbing Route where the profanity began to flow like wine after dinner. While seemingly a discordant moment for someone traveling in an absolutely gorgeous and remote area of the world, it must be said that at this very point I finally realized exactly what I did and I really wasn't liking it.

[Read Entire Article](#)

November Virtual Views & Brews

Community Snow Observations - How Backcountry Users can Build Better Snowpack Models



If you don't live in it, it can be easy to ignore snow. Tire chains, snow shovels, down jackets... all someone else's problems. But in the Pacific Northwest and other mountain environments, even if you don't live in it, snow is an essential and unavoidable part of our water resources.

[Learn More](#)

Sediment on the Move: 4th Grade S.T.E.M. Curriculum



In the “Sediment on the Move” storyline, fourth-grade students explore the hazards of volcanic sediment and solve the problem of managing these hazards. This robustly developed and problem-based learning unit supports teachers in creating a rigorous and rich experience for students through use of fully-developed teacher support resources (Google Slides for students ready to be used), rich media (videos, images, first-person narratives), and a plethora of engaging and 3-dimensional formative assessments.

Missing Craig Romano? Read his new book 'Urban Trails Vancouver'



We love Craig Romano and his famous ramblings about hiking trails around the Mount St. Helens National Volcanic Monument. If you're interested in reading more of the renowned authors work you can do so on his website. His latest book is [Urban Trails: Vancouver.](#)

Ramble On

Wy'east Wolfpack Wood Burnings



Original drawing of Loowit (Mt. St. Helens) by Willie McBride, co-founder/owner of Wy'east Wolfpack, machine-burned on a 7.5 x 10" piece of Luan wood (tropical hardwood w/ veneer) Thanks to Jeremy Long of Daybreak Racing for the wood burning expertise!
\$10 of every purchase goes to the Mount St. Helens Institute!

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