

Rumblings



September 2020

Mount St. Helens Institute eNews

We hope you're doing as well as can be expected during these challenging times. Mount St. Helens is a wonderful reminder of change and resilience. **We are excited about exploring new ways of bringing the volcano to people around the world while improving equity in accessing science, the outdoors and public lands.** Below you will read examples of how MSHI is adapting and expanding.

You can support leading children and folks of all ages to understanding and stewardship of the Earth through educational programming.

[Donate Now](#)

Volunteers are Back!



People are getting out of their houses and hiking! While this is fantastic for your well-being and health, with increased numbers on the mountain we want to make sure that you will feel comfortable on the trails. In early July volunteer mountain stewards underwent training on COVID-19 protocols and returned to trails to teach hikers and visitors about natural history, give pointers on the trail, and help keep visitors safe.

[Learn more](#)

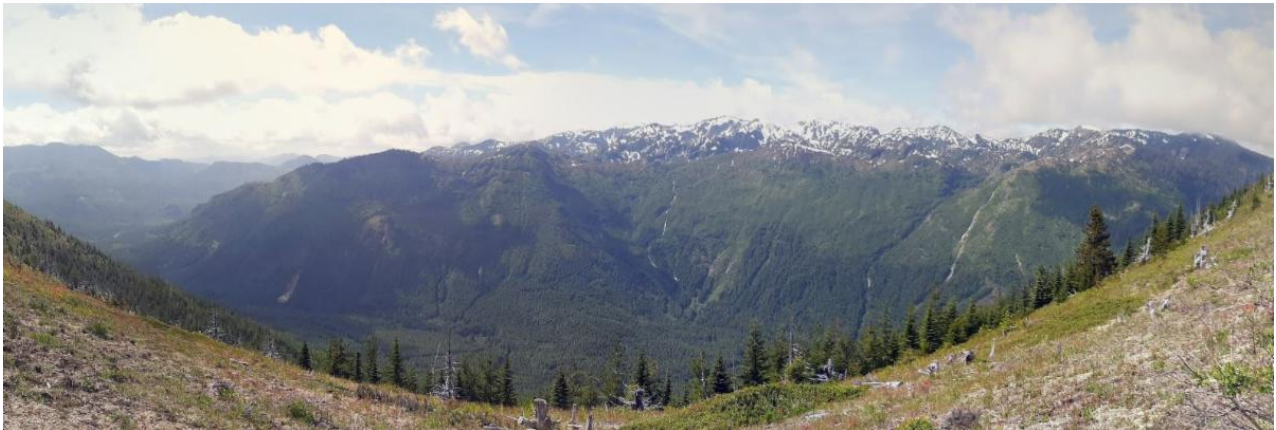
Helping School Kids and Teachers



We are excited to welcome our new education advisory committee, a passionate group of teachers and administrators from throughout the region. The team is currently working on interdisciplinary curricula for teachers to use in remote learning and in the classroom. Together the committee is defining ways our education programs can effectively and equitably support teachers, students and parents during the 2020-2021 school year and into the future.

[Explore Education](#)

Romano's Ramblings: Goat Mountain and Deadmans Lake



Roundtrip: 11.0 miles
Difficulty: difficult
Elevation Gain: 2900 feet
High Point: 5100 feet
Best Season: summer through fall
Trail Notes: Trail open to horses and mountain bikes.
Practice leave no trace principles

Trail Highlights: demarcation between blast zone and unscathed forests, old-growth, wildflowers, subalpine lake, exceptional views of area volcanos.

Mushroom Season is Here



Wild mushrooms are right around the corner! Join us on a guided Mushroom Foraging trip to learn about edible and inedible mushrooms of the Pacific Northwest.

These small group trips are COVID-conscious, taking place entirely outside with required masks and physical distancing. Multiple dates available.

[Register Now](#)

Mountain Goats are Thriving at Mount St. Helens!



Mountain goats hold cultural significance for the Cowlitz Tribe, and are an awe-inspiring sight for volcano visitors. Though the 1980 eruption killed the few resident mountain goats, they have returned, and their numbers are on the rise.

[More Goats Please](#)

Wy'east Wolfpack Wood Burnings



Original drawing of Loowit (Mt. St. Helens) by Willie McBride, co-founder/owner of Wy'east Wolfpack, machine-burned on a 7.5 x 10" piece of Luan wood (tropical hardwood w/ veneer) Thanks to Jeremy Long of Daybreak Racing for the wood burning expertise! \$10 of every purchase goes to the Mount St. Helens Institute!

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Thanks for reading. If you have questions please contact [Jared](#).



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